

## DATES & TOPICS

### Workshop 1: 10 Apr 2010 (Saturday)

- **Understanding Dementia**
  - What is Dementia and Causes
  - Early Warning Signs
  - Diagnosis and Treatment
  - Stages of the Disease
- **Communicating with the Person with Dementia**
  - How dementia affects communication
  - How to communicate with the person with dementia
  - Useful communication tips

### Workshop 2: 17 Apr 2010 (Saturday)

- **Understanding & Managing Changing Behaviours**
  - Examples of changing behaviours in a person with dementia
  - Responding to changing behaviours and how to cope
- **Caring for the Person with Dementia**
  - Understanding the various needs of the person with dementia and responding to his or her needs
  - Signs of caregiver stress

## WORKSHOP PROGRAMME

1:45pm	to	2:00pm	Registration and to be seated
2:00pm	to	3:00pm	- <i>Understanding Dementia</i> (10 Apr) - <i>Understanding and Managing Changing Behaviors</i> (17 Apr)
3:00pm	to	3:30pm	Refreshments
3:30pm	to	4:45pm	- <i>Communicating with the Person with Dementia</i> (10 Apr) - <i>Caring for the Person with Dementia</i> (17 Apr)
4:45pm	to	5:00pm	- Evaluation



## ORIENTATION TO DEMENTIA (In English) 9<sup>th</sup> Run 10 Apr & 17<sup>th</sup> Apr 2010

***A training workshop for domestic helpers  
caring for the elderly with dementia***

**A Family Caregiver Support and Training Workshop  
organised by the Alzheimer's Disease Association**

### TRAINER

Zhang Di, Nurse Clinician, Geriatric Unit,  
Changi General Hospital

### VENUE

Alzheimer's Disease Association  
Caregiver Support Centre  
204 Bukit Timah Road  
Boon Liew Building #04-00  
Singapore 229863  
Tel: 67375667

**Duration:** 2 Sessions (10<sup>th</sup> Apr & 17<sup>th</sup> Apr 2010)

**TIME:** 2:00pm to 5:00pm

**Fee :** \$40 per participant (Include course materials and refreshment)  
(Eligible for subsidy from the Caregiver Training Grant refer to details shown inside)

# ORIENTATION TO DEMENTIA (In English)

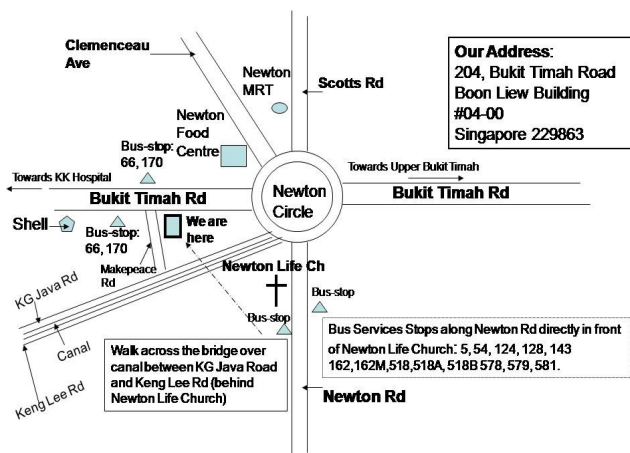
## Registration Form

**\*\*\*Closing date: 30 Mar 2010**

Full Name of Domestic Helper: \_\_\_\_\_  
Nationality: \_\_\_\_\_ Passport No. \_\_\_\_\_  
Caring for a person with dementia in:  
Early / Moderate / Advanced stage (please indicate)  
Period of Caring: \_\_\_\_\_ Years \_\_\_\_\_ Months  
Contact person: \_\_\_\_\_ Contact No. \_\_\_\_\_  
Email: \_\_\_\_\_

I will be applying for the Caregiver Training Grant Yes/No  
If yes, please provide the following details  
Name of person with dementia: Mr/Mrs/Ms/Mdm \_\_\_\_\_  
I/C No. \_\_\_\_\_ Age: \_\_\_\_\_  
Address \_\_\_\_\_  
Postal Code: S (\_\_\_\_\_)

If No, I will be paying by Cheque/Cash  
Cheque to be made payable to: **Alzheimer's Disease Association**



## Caregivers Training Grant

(For Caregivers of Persons with Disability or Seniors)

### Information for the Applicant (Caregiver)

This is a grant to support caregivers of persons with disability or seniors in attending training, seminars and workshops related to caregiving in order to equip them with relevant knowledge and skills and help them better cope with challenges of caregiving.

### Eligibility

To be eligible for the Caregivers Training Grant (CTG).  
The applicant must:

- Be a caregiver of a Person With Disability (PWD) or Senior (Age 65 years and above), who is a Singapore Citizen or Permanent Resident
- Be a family member or domestic helper of the PWD or senior.
- Complete the training course and receive the Certificate of Attendance

### Mode and Quantum of Grant

- Each PWD or senior can have more than one caregiver and the CTG subsidy amount is capped at \$200 per year per PWD
- If more than one caregiver of the same PWD or senior attends the same training, only one caregiver will receive the CTG subsidy



Send Registration Form via post to  
Alzheimer's Disease Association /fax 6836-7925/email to  
[alzheimers\\_bt@singnet.com.sg](mailto:alzheimers_bt@singnet.com.sg)  
latest by **30 Mar 2010**