



**DAY ACTIVITY CENTRE (DAC) PROGRAMME
SERVICE MATRIX**

The Day Activity Centre Programme provides a community-based programme that provides care and skills training to persons with disabilities, aged 16 to 55 years

The applicants must be a Singapore Citizen or a Singapore Permanent Resident

Applications must be made with CEL Referral Form and submitted to CEL

Documents required for application to a Day Activity Centre include: Psychological Report, Medical Report (Hospital Discharge Summary/Doctor's memo), Pre-admission Medical Test Report, X-ray report

Voluntary Welfare Organisation (VWO)	Autism Association (Singapore)	Bishan Home for the Intellectually Disabled	Blue Cross Thong Kheng Home	Christian Outreach for the Handicapped (COH)		METTA		Movement for the Intellectually-Disabled of Singapore (MINDS)			Moral Home for Adult Disability	Red Cross Home for the Disabled - Adults	St Andrew's Autism Centre	Spastic Children's Association of Singapore	Singapore Cheshire Home	Society for the Physically Disabled (SPD)	SUNDAC		TOUCH
Centre/ Programme Name	Autism Youth Centre (AYC)	Bishan Home for the Intellectually Disabled Day Activity Centre	Blue Cross Thong Kheng Home Day Activity Centre	COH @ Tampines	COH @ Toa Payoh	METTA Welfare Association Day Activity Centre for the Intellectually Disabled (Hougang)	METTA Home Day Activity Centre for the Disabled	MINDS TDC @ Ang Mo Kio	MINDS TDC @ Clementi	MINDSville @ Napiri	Moral Home Disabled Adults Day Activity Centre	Red Cross Home DAC	St Andrew's Autism Centre DAC	The Spastic Children's Association of Singapore Cerebral Palsy Centre	Singapore Cheshire Home Day Activity Centre	The SPD-SOKA Day Activity Centre	SunDac Centre for the Disabled @ Choa Chu Kang	SunDac Centre for the Disabled @ Bedok South	TOUCH Centre for Independent Living
Age	18 to 55 years	16 to 55 years	16 to 55 years	16 to 55 years	16 to 55 years	16 to 55 years	16 to 55 years	18 and above			16 to 55 years			18 and above	16 to 55 years	16 to 55 years	16 to 55 years	16 to 55 years	18 and above
DISABILITY TYPES																			
Primary Diagnosis - Intellectual (ID)	Not Applicable	✓	✓	✓	✓	✓	✓	✓			✓			Not Applicable	Not Applicable	Not Applicable	✓	✓	✓
Primary Diagnosis - Autism Spectrum Disorder (ASD)	✓	Not Applicable	Not Applicable	Not Applicable	Not Applicable	Not Applicable	Not Applicable	Not Applicable			Not Applicable			Not Applicable	Not Applicable	Not Applicable	Not Applicable	Not Applicable	Not Applicable
Secondary Diagnosis - ASD, Epilepsy, Cerebral Palsy, Partial Hearing/ Vision Impaired	Not Applicable	✓	Not Applicable	Not Applicable	Not Applicable	✓	✓	✓			✓			✓	Not Applicable	✓	Not Applicable	Not Applicable	✓
PROGRAMME FOCUS																			
Maintenance Therapy	Not Applicable	Not Applicable	Not Applicable	Not Applicable	Not Applicable	Not Applicable	Not Applicable	✓			Not Applicable			Not Applicable	Not Applicable	✓	✓	✓	Not Applicable
Active Therapy	Not Applicable	Not Applicable	Not Applicable	Not Applicable	Not Applicable	Not Applicable	Not Applicable	✓			Not Applicable			Not Applicable	Not Applicable	✓	✓	✓	Not Applicable
Wheelchair Bound	Not Applicable	✓	✓	✓	✓	Not Applicable	Not Applicable	Not Applicable			✓			✓	Not Applicable	✓	✓	✓	Not Applicable
PROFESSIONAL SUPPORT AVAILABLE																			
Speech Therapy (ST)	No	No	No	No	No	No	No	No			No			✓	No	No	No	No	No
Occupational Therapy (OT)	No	No	No	No	No	No	No	✓			✓			✓	✓	✓	✓	✓	No
Physiotherapy (PT)	No	No	✓	✓	✓	No	No	✓			✓			✓	✓	✓	No	No	No
Additional Services	- Caregiver Training and Support - Counselling	- Caregiver Training and Support	- Counselling	- Caregiver Training and Support - Counselling - Support Groups	- Caregiver Training and Support - Counselling - Support Groups	- Counselling	- Counselling	- Caregiver Training and Support - Counselling			- Counselling			- Caregiver Training and Support - Counselling	- Counselling - Support Groups	- Caregiver Training and Support - Counselling	- Caregiver Training and Support - Counselling	- Caregiver Training and Support - Counselling	- Caregiver Training and Support - Counselling
OTHER INFORMATION																			
Maid/Caregiver allowed in the Centre	No	✓	No	✓	✓	No	No	No			No			✓	✓	✓	✓	✓	No
Transport Availability (Please contact the respective centres for more information)	Island-wide	Bishan / Toa Payoh / Ang Mo Kio	West / Central	Island-wide	Island-wide	Hougang / Ang Mo Kio / Serangoon	Woodlands / Yishun	Central / North / North-East	North-West / South-West / Central	East / North-East	Island-wide			Island-wide	Hougang / Ang Mo Kio / Serangoon	Island-wide	West	East	Island-wide
Meals	Non-Halal	No pork / lard	No pork / lard	Non-Halal	Non-Halal	Vegetarian	Vegetarian	No pork / lard			Halal			Halal	No pork / lard	Non-Halal	No pork / lard	No pork / lard	Not provided
Foreigners accepted (Please check directly with the respective Homes for more information)	No	No	✓	No	No	No	No	No			No			No	No	✓	✓	✓	✓
Type of Programme	- Full Day - Half Day - Adhoc	- Full Day - Half Day - Adhoc	- Full Day	- Full Day	- Full Day	- Full Day	- Full Day	- Full Day - Half Day			- Full Day			- Full Day - Adhoc	- Full Day - Half Day - Adhoc	- Full Day - Half Day	- Full Day - Half Day - Adhoc	- Full Day - Half Day - Adhoc	- Full Day
Operation Days/Hours	Monday to Friday 9 am to 5 pm	Monday to Friday 9 am to 5 pm	Monday to Friday 9 am to 5 pm	Monday to Friday 9 am to 5 pm	Monday to Friday 9 am to 5 pm	Monday to Friday 9 am to 5 pm	Monday to Friday 9 am to 5 pm	Monday to Friday 9 am to 5 pm			Monday to Friday 9 am to 5 pm			Monday to Friday 9 am to 5 pm	Monday to Friday 9 am to 5 pm	Monday to Friday 9 am to 5 pm	Monday to Friday 9 am to 5 pm	Monday to Friday 9 am to 5 pm	Monday to Friday 9 am to 5 pm
Pre-admission Trials	6 months	No	No	No	No	No	No	No			No			No	No	No	2 weeks	2 weeks	3 months
CONTACT INFORMATION																			
Name	Paula Teo	Angie Chan	Steven Tan	Giselle Cheok	Giselle Cheok	Arifeen	John Tan Siong Woo	Rosalyn Peng	Shafiyah bte Ahmad Sarwan	Mike Koh	Ricky Sitoh	Fauziah Jabir	Susan Lai	Ronald E. Castro	Poon Suet Fong	Stella Quek	Nick Wee	Nick Wee	Charlyn Chu
Designation	Head of Centre	Social Worker	Administrator	Social Work Assistant	Social Work Assistant	Supervisor	Supervisor	Head Of Centre	Head Of Centre	Head Of Centre	Superintendent	Home Administrator	Assessment Specialist (Autism)	Social Worker	Social Worker	Social Worker	Social Worker	Social Worker	Social Worker
Address	Blk 425 & 426 Hougang Ave 6 #01-52/53 S(530426)	No. 6 Bishan St 13 S(579798)	No. 201 Jurong East Avenue 1 S(609791)	Blk 414 Tampines St 41 #01-301 S(520414)	Blk 171 Toa Payoh Lor 1 #01-1144 S(310171)	Blk 627 Hougang Ave 8 #01-130 S(530627)	No.2 Woodlands St 31, S(738580)	Blk 134 Ang Mo Kio Ave 3 St 12 #01-1677 S(560134)	Blk 304 Clementi Ave 4, #01-487 S(120304)	No 7 Lorong Napiri S(547533)	No 2 Chai Chee Lane S(469030)	8 Lengkok Bahru #04-01 Family Link @ Lengkok Bahru S(459052)	1 Elliot Road S(568686)	No 65 Pasir Ris Drive 1 S(519529)	159 Serangoon Garden Way S(556056)	2 Peng Nguan Street SPD Ability Centre S(168955)	Blk 213 Choa Chu Kang Central #01-110 S(680213)	Blk 39 Bedok South #01-715 S(460039)	Blk 352 Ubi Ave 1 #01-989 S(400352)
Tel. No.	62874727	63533515 ext 2	65602022	67873200	62535116	63852913	63657666	64564174	67768743/67768745	63877662 Ext 211	64417640	64741029	65173800	65855613	6284 0966	65790778	67636234	64426395	67416364
Fax No.	62872774	63536753	65602797	67876990	62535006	63852914	63657555	64532824	67768741	63873357	64417641	64741029	65173801	65855603	62842782	63237008	67631784	64426120	67415404
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Website	www.autismlinks.org.sg	www.welcome.bishanhq.org.sg/	www.thongkheng.org.sg	www.coh.org.sg	www.metta.org.sg	www.minds.org.sg	www.redcross.org.sg	http://www.sach.org.sg	www.spastic.org.sg	www.cheshirehome.org.sg	www.spd.org.sg	www.sun-dac.com	www.touch.org.sg						