

REFERRAL TO DAY ACTIVITY CENTRE FOR PERSONS WITH DISABILITIES

This referral can be used commonly to refer a client to a Day Activity Centre.

The Day Activity Centre (DAC) for persons with disabilities is a community-based facility that provides care and skills training to persons with disabilities, aged 16 to 55 years, who are not suitable for sheltered employment or whose family members are unable to take care of them during the day.

Part I: SCREENING

1. APPLICANT'S PARTICULARS

Name of Client: _____	Identity No.: _____		
Citizenship: _____	Date of Birth: _____	Age: _____	Gender: M / F
Address: _____	Singapore _____		
Tel No.: _____ (O) _____ (H/P)	Fax: _____	Email: _____	
Disability: <input type="checkbox"/> Intellectual <input type="checkbox"/> Physical <input type="checkbox"/> Autism <input type="checkbox"/> Hearing <input type="checkbox"/> Visual <input type="checkbox"/> Others, pl specify: _____	<input type="checkbox"/> Multiple, please specify: _____	<input type="checkbox"/> Diagnosis _____	
Type of Referral: <input type="checkbox"/> Self <input type="checkbox"/> Referred by MP <input type="checkbox"/> VWO, please specify: _____	<input type="checkbox"/> Referred by others, please specify: _____		

2. PRIMARY CAREGIVER'S PARTICULARS

Name: _____	Relationship to Applicant: _____			
Identity No.: _____	Citizenship: _____	Date of Birth: _____	Age: _____	Gender: M / F
Address (if different from applicant): _____	Singapore _____			
Tel No.: _____ (O) _____ (H/P)	Fax: _____	Email: _____		

3. REFERRING AGENCY

Referring Agency: _____	Date of Referral: _____	
Referring Person: _____	Designation: _____	
Tel No.: _____ (O) _____	Fax: _____	Email: _____
Reason for referral: _____		
This referral has been received by _____ on _____	Name / Designation _____	Date / Time _____

4. Recommendations for Referral

1. Does the applicant meet the eligibility criteria set for the programme?¹ Yes No

2. Is the referred DAC nearest to applicant's residential address? Yes No

If not, please state reason for choice: _____

Transport needs: Yes No specify: _____

(Transport with hydraulic lift / Stair crawl/ Mobility Aides / Travels Independently)

Stairs to home? Yes No

3. Is there vacancy immediately available for admission? Yes No

(If not, please state expected MM/YYYY of availability: _____)

¹ Eligibility refers to basic criteria such as age, disability type, citizenship, etc spelt out in the prevailing service models of the programme

PART II: ASSESSMENT

1. EDUCATIONAL HISTORY

Name of School/Institution	Qualifications	Year Graduated

* If there is insufficient space, please write on a separate paper.

2. EMPLOYMENT HISTORY

Period of Employment		Position Held	Name of Company	Reasons for leaving
From	To			

3 FAMILY STATUS (please tick)

- Single and alone
- Family (Parent / Spouse / Children/ Siblings) Please circle the relevant one
- Single but has relatives (including siblings living apart)
- Others (Specify) _____

4. CURRENT LIVING ARRANGEMENT (please tick)

- Living alone
- Sharing flat
- Living with friend
- Living with employer/ex-employer
- Living with spouse
- Others (specify) _____
- Living with child/children
- Living with grandchildren
- Living with parent (s)
- Living with relatives
- Living in Institution (specify) _____
-

5. MEANS OF SUBSISTENCE (main supports to be indicated by)

- Casual work (specify)
Place of work: _____ monthly income: _____
- Savings: \$ _____
- CPF Savings: \$ _____
- Insurance: \$ _____
- Pension: \$ _____
- Supported by friend/ex-employer
- Supported by family
- Supported by relative

6. Application Form for Government Subsidy for Day Activity Centre

- The applicant is on Public Assistance (Ref No: PA_____)
- The applicant is on MFEC (Ref No: _____)

a) Ownership of Property by applicant / spouse

- No (Ref No: PA_____)
- Yes, HDB 3 Rooms, No. of occupants _____ (excluding applicant)
- Yes, HDB 4-5 Rooms, No. of occupants _____ (excluding applicant)
- Yes, HDB Multi-generation, No. of occupants _____ (excluding applicant)
- Yes, Private Property

c) Applicant and/or spouse savings, CPF, shares and other resources as listed below:

TYPE	APPLICANT'S	APPLICANT'S SPOUSE
Savings (\$)		
CPF(\$)		
Medisave (\$)		
Unit Trusts		
Shares		

d) All the particulars of the applicant's family members have been included in Family Members Particulars.

DECLARATION

- I declare to the best of my knowledge and believe that the particulars furnished by me and/or the care person are true and correct.
- I also understand that I shall oblige abide by to the regulations / agreement laid down by the organisation/ institution involved.
- I have been informed that in the course of processing the application, it maybe necessary for the Referring Agency to disclose / transfer relevant information pertaining to me/my household to other relevant agencies.
- I understand that the disclosure of such information is necessary to facilitate the application. I also hereby do give my consent for the release / disclosure of such information to the relevant bodies to facilitate consideration of the application.

RTP/ Signature of applicant /or
Person In-charge (NRIC:
Person making the application

Name

Relationship / Designation

Date

7. Family Members' Particulars

Name of Immediate family member ²	Stay with applicant (Y/N)	Relationship to Applicant	NRIC No.	Age	Sex	Marital Status	No of dependents ³		Occupation	Gross Monthly Income ⁴
							Adult	Children ⁵		
Qualified Subsidy Rate	75% <input type="checkbox"/> 50% <input type="checkbox"/> 25% <input type="checkbox"/>									

² Includes applicants, applicant's spouse, and applicant's parents. Applicant's children and siblings who share the same residence, applicant's children who stay away and have income.

³ Eligible dependents include spouse and children who do not have an income of those listed in column 1

⁴ Refers to gross monthly income, excluding rental and interest income, of applicant and spouse, before deduction for CPF etc. For applicant's parents, all children and siblings staying with applicant, gross income includes all sources of income. Documents for verification – income tax statement, pay slip or statutory declaration for those without pay slip or income tax statement and other supporting documents where applicable

⁵ Children below 16 years of age are also considered as 1 headcount wef 1 Jan 2004

8. Social Report

Please attach the typed social report and include the following information on the applicant:

- Client's psychosocial background / issues
- Family support
- Other assistance applicant is receiving
- Reasons for day care
- Social workers recommendation
- Genogram
- Other relevant documents and/or descriptions
- Known / attended to by other VWO
- How much can family pay for fees?

9. Medical History (Please attach Medical Report)

Primary diagnosis: _____

- Asthma / Chronic Cough
 - Congenital / Heart Disease
 - Diabetes Mellitus
 - Epileptic Fits
 - Hypertension
 - Orthopaedic Conditions
 - Skin Disease
 - Tuberculosis
 - Contagious or Infectious Disease _____
 - Past History of Surgery Done _____
 - Others _____
- Has No Psychiatric Illness Has Psychiatric Illness _____

Present Medication

- | | |
|----------|----------|
| 1. _____ | 5. _____ |
| 2. _____ | 6. _____ |
| 3. _____ | 7. _____ |
| 4. _____ | 8. _____ |

Drug allergy: _____ Food allergy: _____

Next Medical Review at (If any): _____ Next Medical Date: _____

10. ASSESSMENT ON ACTIVITIES OF DAILY LIVING

FUNCTIONAL ASSESSMENT INDEX	SCORE	REMARKS/ACTION
1. AMBULATION/ WHEELCHAIR a) Bed or Chair bound b) Semi-ambulant requires 2 assistants c) Semi-ambulant, using walking aids to move and/ or 1 person to support d) Requires minimal help/ supervision e) Fully mobile with or without aids (e.g. including wheelchair)	0 3 8 12 15	
2. TRANSFER a) Unable to transfer b) Needs 2 people to transfer c) Requires 1 person to transfer d) Requires supervision for safety e) Independent in transferring	0 3 8 12 15	
3. TOILET USE a) Fully dependent in toileting b) Requires help to get on and off toilet, handling clothes, wipe and flush c) Requires some help in pulling up, and down the pants d) Minimal supervision required for safety e) Use toilet independently	0 3 5 8 10	
4. BLADDER CONTROL a) Incontinent or has indwelling catheter b) Frequent (more than once a day). Needs help to apply incontinence aids c) Generally dry during the day, but requires diapers at night d) Able to ask for toilet but has occasional incontinence (e.g. cannot wait for bed pan/ needs intermittent catheterisation) e) Able to control bladder	0 2 5 8 10	
5. BOWEL CONTROL a) Uncontrolled or faecal incontinence b) Very frequent (more than once a day) c) Frequent incontinence (more than once a week) d) Has occasional incontinent (once a week) e) Able to control bowels	0 2 5 8 10	
SUB-TOTAL		

FUNCTIONAL ASSESSMENT INDEX	SCORE	REMARKS/ACTION
6. BATHING a) Total dependence in bathing b) Maximum help required in bathing c) Able to wash front but assistance is required with transfer, washing back and lower half etc. d) Able to bath but requires supervision for safety in toilet e.g. adjusting the water temperature e) Able to bath independently	0 1 3 4 5	
7. DRESSING a) Total dependence in all aspects of dressing b) Maximum help required in removing, putting on and fastening clothing c) Minimal assistance is required to fasten fasteners/remove and/ or put on pants d) Requires verbal prompting e) Independent dressing	0 2 5 8 10	
8. PERSONAL HYGIENE (WASHING & GROOMING) a) Unable to wash or change clothes when dirty (Totally dependent in all aspects) b) Maximum help required in al steps of personal hygiene c) Can wash and dress with some prompting and assistance d) Minimal assistance required (e.g. to prepare a basin of water, toiletries etc) e) Can wash face, comb hair, clean teeth and shave independently	0 1 3 4 5	
9. FEEDING a) Total dependence in all aspects and needs to feed (requires IV or tube feeding) b) Can manipulate with a spoon, but requires active assistance to direct spoon to mouth during meal c) Able to feed self but needs help to spread butter, cut meat and pour drink d) Needs some prompting and encouragement to eat e) Able to feed self independently	0 2 5 8 10	
SUB-TOTAL		

FUNCTIONAL ASSESSMENT INDEX	SCORE	REMARKS/ACTION
10. STAIR CLIMBING		
a) Unable	0	
b) Requires two people to support	2	
c) Requires one person to support	5	
d) Able to ascend/ descend with walking aids and supervision for safety	8	
e) Able to climb stairs independently with or without aids	10	
SUB-TOTAL		
GRAND TOTAL		

11. Assessment on Communication

(Please tick how the individual communicates)

- Communicates mainly by speech
- Communicates mainly by gestures, e.g. pointing
- Understands and responds to simple, familiar instructions
- Understands and responds to most instructions
- Does not respond to others' effort at communicating

Please indicate how the individual communicates in situation below:

- Requests attention by _____
- Requests preferred item/activities by _____
- Requests help by _____
- Expresses tiredness by _____
- Indicates physical pain by _____
- Indicates confusion or unhappiness by _____
- Protests or rejects a situation or activity by _____
- Shows you something or place by _____
- Tells you something has happened by _____

12. ASSESSMENT ON PROBLEM BEHAVIOURS (OPTIONAL)

To be filled in only if there is a history of behavioural problems. Please attach relevant psychological/psychiatric report if available.

	Description	Remarks
<input type="checkbox"/>	Restlessness	
<input type="checkbox"/>	Shouts or screams	
<input type="checkbox"/>	Excessive Crying	
<input type="checkbox"/>	Aggressiveness	
<input type="checkbox"/>	Destructive behaviours	
<input type="checkbox"/>	Disruptive behaviours	
<input type="checkbox"/>	Self-injurious behaviours	
<input type="checkbox"/>	Absconds	
<input type="checkbox"/>	Wanders aimlessly	
<input type="checkbox"/>	Withdrawn	
<input type="checkbox"/>	Lethargic	
<input type="checkbox"/>	Demands excessive attention	
<input type="checkbox"/>	Ritualistic behaviours	
<input type="checkbox"/>	Inappropriate sexual behaviours	
<input type="checkbox"/>	Fixates on certain objects	
<input type="checkbox"/>	Sensitive to sound	
<input type="checkbox"/>	Sensitive to touch	
<input type="checkbox"/>	Uncooperative and resistant	
<input type="checkbox"/>	Phobia	
<input type="checkbox"/>	Others	

16. Diet

- Soft Normal Blended Low Sodium Low Fat

- Vegetarian Remarks: _____
- Halal Remarks: _____
- No beef Remarks: _____
- No mutton Remarks: _____
- Diabetic diet Remarks: _____
- Others Remarks: _____

Please indicate the likes and dislikes of the individual.

	Likes	Dislikes
Food		
Drink		

17. Recreational Activities

Please tick (✓) activity(s) that the individual enjoys

- | | |
|--|--|
| <input type="checkbox"/> Gross motor activities – walking / running / swinging | <input type="checkbox"/> Fine motor / table top activities - toys, games |
| <input type="checkbox"/> Reading and writing | <input type="checkbox"/> Arts and crafts |
| <input type="checkbox"/> Interacting with others | <input type="checkbox"/> Watching television |
| <input type="checkbox"/> Listening to music and dancing | <input type="checkbox"/> Helping out in doing household tasks |
| <input type="checkbox"/> Others (specify) _____ | |

18. Additional Information

- Psychologist, Occupational Therapist and Physiotherapist Assessment Reports
- Other reports (if necessary to support the referral)

Report Prepared By:

Name: _____	Signature: _____
Designation: _____	Name of Agency: _____
Contact Address: _____	
Telephone: _____	Fax No. : _____ Email: _____

For Official Use only	
Case worker in-charge _____	Date of receipt _____
Date Approved _____	Date Confirmed _____

Acknowledgement of Referral

Date: _____

To:

Case Worker: _____

Referring Agency: _____

FAX Number: _____

From:

Case Worker: _____

Day Activity Centre _____

FAX Number: _____

Thank you for your referral of _____ (applicant's name) which dated _____ for admission to our Day Activity Centre.

<input type="checkbox"/>	We are currently reviewing the case and will give you a reply as soon as we can.
<input type="checkbox"/>	We have reviewed the case and have made an appointment with the applicant and /or their caregiver(s) on _____ / _____ (date / time)
	<input type="checkbox"/> <u>DAC</u> or <input type="checkbox"/> <u>at their home</u> , or <input type="checkbox"/> _____ (Please tick (√) the appropriate venue)
	We will inform you of the outcome

<input type="checkbox"/>	We have assessed and will be accepting the applicant. We have informed the family that he/she is scheduled to start on: _____
<input type="checkbox"/>	We are unable to accept the applicant because _____

