

## HOME HELP SERVICE (HHS) SERVICE MATRIX

The Home Help Service provides a community-based programme that provides care and skills training to persons with disabilities, aged 16 to 55 years

Applicants must be a Singapore Citizen or a Singapore Permanent Resident

Applications must be made via the Referral Form to the Centre for Enabled Living (CEL)

Documents required for application include: Medical Report (Hospital Discharge Summary/Doctor's memo), Social Info / Report

Voluntary Welfare Organisation (VWO)	Sunshine Welfare Action Mission Home (SWAMI)	Society of Moral Charity	Society of Moral Charity	Sathya Sai Social Service	Sunlove	Bethesda	Presbyterian Community Services	TOUCH
Centre/ Programme Name	SWAMI Home Help Service	Moral Home Help Service (West)	Moral Home Help Service (East)	Tembusu Home Help Service	Sunlove Home Help Service	Bethesda Care and Counselling Service	Dorcas Home Help Service	Touch Home Care
Service Area	Marsiling, Woodlands, Yishun, Sembawang, Ang Mo Kio (West-up to Ave 4)	Serangoon Road, Rochor Road, Chinatown, Outram, Tiong Bahru, Bukit Merah, Telok Blangah	Chai Chee, Katong, Geylang, Mountbatten, Aljunied, Paya Lebar, Eunos	Choa Chu Kang, Bukit Panjang, Bukit Batok, Jurong West, Jurong East, Boon Lay	Punggol, Sengkang, Jalan Kayu, Hougang, Lorong Ah Soo, Yio Chu Kang, Ang Mo Kio (East-up to Ave 4)	Pasi Ris, Tampines, Changi, Simei, Bedok, Bedok Reservoir	Queenstown, Commonwealth, Buona Vista, Clementi, Bukit Timah, West Coast, Pasir Panjang	Bishan, Sin Ming, Thomson, Serangoon, Toa Payoh, Potong Pasir, Whampoa, Bendemeer, Kallang Bahru, Geylang Bahru
<b>Target Clients</b>	Frail and homebound clients who lack functional and/ or cognitive ability to perform any of the HHS service components							
<b>Criteria</b>	Singaporean / Singapore Permanent Residents							
	≥ 55							
	Require regular medical check-ups and follow-ups (applicable only to Escort Service)							
	Living alone or with another frail client/ caregiver or is without a caregiver during the day							
Require assistance with their activities of daily living								
<b>Meals-on-Wheels</b>								
Halal	√	√	√	√	√	√	√	√
Vegetarian	√	X	X	√	√	X	X	√
Non Halal	√	√	√	X	X	√	√	X
Other Diets	√	X	X	Soft Diet	X	X	X	Soft Diet
Frequency of Service	Daily	Daily	Daily	Daily	Daily	Mon-Sat only	Daily	Daily
<b>Personal Hygiene</b>								
Frequency of Service	Twice weekly/ or as agreed between client and service provider							
<b>Home Maintenance</b>								
Frequency of Service	Once weekly/ or as agreed between client and service provider							
<b>Escort and or Transport</b>								
Frequency of Service	By Appointment							
<b>Laundry Service</b>								
Frequency of Service	Once weekly/ or as agreed between client and service provider							
<b>HHS PROGRAMME FEES MATRIX (Please check with the respective service providers for more information)</b>								
<b>CONTACT INFORMATION</b>								
<b>Name</b>	Ms Indira Krishnan	Ms Lee Soon Hong	Ms Regina Poh	Mr Chng Ah Seng/ Ms Nura Hassan	Eadee sim	Lim Sio Leng	Michael Foo	Care Coordinator
<b>Designation</b>	Programme Head	Manager	Case Manager	Superintendent/ Senior Executive (Programme)	Manager	Senior Social Worker	Centre Manager	Care Coordinator
<b>Address</b>	5 Sembawang Walk S(757717)	152 Mei Ling Street #01-08, S(140152)	2 Chai Chee Lane, S(469030)	c/o Bukit Batok Home for the Aged 11 Bukit Batok West Ave 2 S(659205)	70, Buangkok View Green Medical Park S(534190)	300 Bedok North Ave 3 S(469717)	Blk 105 Jalan Bt Merah #01-1912 S(160105)	Blk 173 Lor 1 Toa Payoh #01-1264 S(310173)
<b>Tel. No.</b>	65103378	64736113	62428103	6665 0727	63869312	64451500	63775183	62586797
<b>Fax No.</b>	67548443	64736128	64417641	6665 2808	63863716	64430733	62788613	62581013
<b>Email</b>	<a href="mailto:indira@swami.org.sg">indira@swami.org.sg</a>	<a href="mailto:soonhong@thkms.org.sg">soonhong@thkms.org.sg</a>	<a href="mailto:reginapoh@thkms.org.sg">reginapoh@thkms.org.sg</a>	<a href="mailto:chng_ah_seng@4s.org.sg">chng_ah_seng@4s.org.sg</a> / <a href="mailto:nura@4s.org.sg">nura@4s.org.sg</a>	<a href="mailto:Sunlovehome@hotmail.com">Sunlovehome@hotmail.com</a> / <a href="mailto:stic_sg@hotmail.com">stic_sg@hotmail.com</a>	<a href="mailto:elderly@bccsc.org">elderly@bccsc.org</a>	<a href="mailto:dorcashome@pcs.org.sg">dorcashome@pcs.org.sg</a>	<a href="mailto:homecare@touch.org.sg">homecare@touch.org.sg</a>

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<b>Website</b>	<a href="http://www.swami.org.sg">www.swami.org.sg</a>	<a href="http://www.thkms.org.sg">www.thkms.org.sg</a>	<a href="http://www.thkms.org.sg">www.thkms.org.sg</a>	<a href="http://www.4s.org.sg">www.4s.org.sg</a>	<a href="http://www.sunlovehome.org.sg">www.sunlovehome.org.sg</a>	<a href="http://www.bccsc.org">www.bccsc.org</a>	<a href="http://www.pcs.org.sg">www.pcs.org.sg</a>	<a href="http://www.touch.org.sg">www.touch.org.sg</a>